

All omelets served with Hash Browns

CLASSIC \* | 11 HAM & SHREDDED CHEESE

EGG WHITE \* | 13 SPINACH, TOMATO, & GOAT CHEESE

> WESTERN\* | 12 HAM, PEPPERS, ONIONS, & SHREDDED CHEESE

**MEAT LOVERS \* | 14** SAUSAGE, BACON, HAM, & SWISS

Soco'



**JUICE | 3** APPLE, CRANBERRY, GRAPEFRUIT, TOMATO, OR ORANGE

COFFEE | 3

HOT TEA | 3

ESPRESSO | 4

CAPPUCCINO | 5

LATTE | 5

MILK/CHOCOLATE MILK | 3

**SOFT DRINKS | 3** PEPSI, DIET PEPSI, SIERRA MIST, MTN DEW, DR PEPPER, TROPICANA LEMONADE

**EXECUTIVE CHEF** 

Mitch Nicks



## ALL AMERICAN\* | 14

TWO EGGS, HASH BROWNS YOUR CHOICE OF BACON, SAUSAGE PATTY, OR HAM -AND-TOAST, MUFFIN, OR BAGEL

# GOOD START | 11

OATMEAL, COLD CEREAL,OR HOUSEMADE GRANOLA WITH BERRIES OR BANANA



All items 500 calories or less

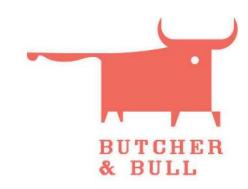
YOGURT PARFAIT | 6 FRESH FRUIT & HOUSEMADE GRANOLA 370 CALORIES

EGG WHITE OMELET\* | 13 SPINACH, TOMATO, & GOAT CHEESE 235 CALORIES

CLASSIC OMELET\* | 11 HAM & SHREDDED CHEESE 338 CALORIES

> CHEESE GRITS | 4 160 CALORIES

200





### **BELGIAN WAFFLE | 10**

WHIPPED BUTTER, FRESH BERRIES, MAPLE SYRUP

#### **CRUNCHY FRENCH TOAST | 12**

WHEAT BREAD, CORN FLAKES, FRESH BERRIES, SUGAR-FREE MAPLE SYRUP

## AVOCADO TOAST | 12

AVOCADO, TOMATO, CILANTRO, RADISH, GOAT CHEESE, CRACKED PEPPER, SERVED ON SOURDOUGH OR EVERYTHING BAGEL

### CHORIZO & GRITS\* | 13

CHORIZO, PEPPERS, ONION, GRITS, FRIED EGG

#### **BROKEN YOLK SANDWICH | 11**

BACON, EGG, AMERICAN CHEESE SERVED ON SOURDOUGH



APPLEWOOD SMOKED BACON | 4 SAUSAGE PATTY | 4 SLICED HAM | 4 CHICKEN APPLE SAUSAGE LINK | 4 GOLDEN HASH BROWNS | 6 TOAST | 3

TEXAS TOAST, SOURDOUGH, RYE, ENGLISH MUFFIN, OR WHEAT

**BAGEL | 3** PLAIN, BLUEBERRY, OR EVERYTHING

MUFFIN | 3 BANANA NUT, BLUEBERRY, OR CHOCOLATE



\*consumer warning: these items are cooked to order and may be served raw or undercooked. consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.